



language that cares

This is our charter and commitment to CHAMPIONING the children and young people that we support and care for.

As a Community, we pledge to consider the impact that language has on children and young people and pledge to challenge each other and ourselves when we may use words that describe children and young people in negative or stereotypical ways.

In our conversations and the way we write documents we will be mindful of **SPEAKING** and understanding the lived experience and individuality of the child / young person.

Speaking means;

Strengths based - focus on what I am good at as well as what I may need help with

Positive - talk about the good things about me and help me to feel good about myself

Equality - recognise and celebrate diversity, promote equality of opportunity

Ambitious and **A**spirational - celebrate my successes and achievements and help me to reach for the stars

Kind - think about how you describe me and the words that you use

Inclusive and focus on **I**ndividuality - put my needs and feelings at the heart of decisions, recognise me for who I am and who I want to be

Non-judgmental - focus on me and seek to understand what may be affecting me

Generous - respect me

**and remember:
actions speak louder than words...**